

EEC



Trauma and Behaviour: Reflecting and Responding for Educators

AN ONLINE SHORT COURSE FOR EDUCATORS

OVERVIEW

Behaviour is communication. Behaviour for the child or young person living with trauma is often an expression of their struggle to cope. This may include struggling to cope with managing big emotions, struggling to cope with learning and struggling with being with others. Trauma means days are full of struggles and feelings of fear.

This short course aims to build your understanding of children and young people's trauma-driven behaviour and your knowledge of evidence-based strategies so you can more confidently and effectively, guide and support their development of self-regulation and behaviour competencies.



KEY AREAS COVERED IN THIS COURSE

- Behaviour
- Behaviour through a trauma-lens
- Trauma-informed behaviour support

REGISTER ONLINE

Enrol at anytime!

[ECU.EDU.AU/EDUCATION](https://www.ecu.edu.au/education)



DETAILS

The course, created by [Dr Kay Ayre](#), is entirely online and self-paced, taking approximately 9 hours to complete. **Enrol at anytime!**

COST

\$199.00 to undertake the course which includes all reading materials, case studies and online activities.

A 10% discount is offered to ECU alumni and for multiple bookings from the same organisation.

MORE INFORMATION

<https://www.ecu.edu.au/short-courses/education/trauma-and-behaviour-reflecting-and-responding-for-educators>