



ECU Counselling Service

Navigate life's challenges confidentially with tailored care at our Counselling Service in Wanneroo.

Access personalised counselling and psychotherapy services from our Master of Counselling & Psychotherapy students, guided by specialist Couple and Family Therapy practitioners.

We are also partnered with ECU Psychological Services for holistic care.

We welcome and support people from all walks of life, including Indigenous Peoples, the LGBTIQ+ community, and migrants.

Some services we offer include:

- Individual and relationship counselling
- Counselling for couples and families
- Counselling for children and adolescents
- Difficulties through life transitions
- Understanding difficult emotional issues
- Loneliness and isolation
- Grief, loss and bereavement
- Parent-teen conflicts
- School or friendship related challenges



We offer groups, workshops, and community education on:

- Online safety and digital world challenges
- Healthy relationships
- Understanding difficult emotional issues
- Parenting support groups
- Self-development groups

Our student counsellors practice according to the Psychotherapy and Counselling Federation of Australia's (PACFA) standards.

Fees

The ECU Counselling Service offers affordable counselling to ensure the service is accessible to all. Fees range from \$10 for casual workers, students and unemployed, \$20 for part-time workers and \$30 for full-time workers.

Referrals

Referrals are taken on **Tuesdays and Fridays**. Clients may self-refer to the service or be referred by another professional. To refer, or make an enquiry contact **psychologicalservices@ecu.edu.au** or phone **(08) 6304 7200**.

Location

ECU Health Centre, Level 2, 30 Dundee Road, Wanneroo WA 6065

**Creative thinkers
made here.**

ECU.EDU.AU